



## DRUG PANEL TESTS

### Introduction

The idea of testing urine for the presence of drugs is to deter your staff or child from using drugs.

This test looks for the presence of drugs of abuse. Please reference your panel test to the table overleaf where you will find the abbreviated codes, proper drug names, street names (e.g. Cocaine or Crack) and the approximate detection times. Please note Methamphetamines are part of the Amphetamine family of drugs and so will normally prove positive for ecstasy (E's).

This test is fast, accurate and very easy to do.

### Drugs in the workplace

Drugs can affect the brain and the body in a number of ways and this may affect the employee's performance at work even if the misuse takes place outside the place of work.

As an employer you have a duty to ensure as far as reasonably possible that your employees are not a danger to other employees or the general public by consuming drugs of abuse.

### Legalities

If you are an employer wanting to test staff for drugs of abuse it is important that you have a policy in place, warning staff that they may be subject to random drug tests and that the use of drugs in the workplace or being under the influence of drugs in the workplace is a dismissible offence. It is also important that you keep up to date on the latest government legislation.

If one of your employees has a drug problem you should make every effort to help them, and encourage them to seek professional help. If drug abuse is a common problem in your work place it may be in your interest to begin a drug awareness programme for staff and managers.

### Pack contents

- Foil pouch containing drug test
- Full Instructions

### When should I do the test?

This test can be done at any time.

### How long will it take before I can read the result?

The results can be read in 5 minutes.

### Precautions

1. This test is for external use only.
2. Do not use this test beyond the expiry date on the foil pouch.
3. Use a new test panel for each urine sample to avoid false results.
4. Do not use this test if the foil pouch has been opened.

### How accurate is this test?

This test is very accurate and the sensitivity levels meet the U.S.A, SAMHSA (Substance Abuse and Mental Health Services Administration) standards and recommended levels set by the National Institute on Drug Abuse (NIDA). There is however a possibility of false results due to the interference of other substances in the urine.

Substances that may give a false, positive result are as follows:

- Codeine which can be found in medicines such as Calpol and Benlyn
- Morphine which can be found in Co-codamol.

These will give a positive result for opiates.

It would be advisable to ask the person being tested if they are on any prescription drugs for medical purposes before the test is carried out.



Single Drug Test



Multipanel Drug Test

**Due to the sensitive nature of this drugs test, you must be careful when carrying out the test to avoid contamination and thus inaccurate test results. Please read these instructions carefully before beginning the test.**

### Test procedure

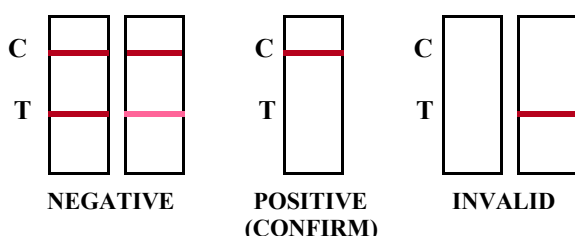
1. Remove the test panel from the foil pouch (do not break the seal of the foil pouch until you are ready to begin the test).
2. Using a plastic cup, obtain a urine sample from the individual who is being tested.
3. Pull the protective cap off the bottom of the test panel to reveal the absorbent testing strips, do not touch the strips and do not throw away the protective cap.

- Carefully dip the testing strips into the urine sample, ensuring that the urine does not come into contact with the plastic case of the test. Allow the test to absorb the urine for about 10-15 seconds.
- After 15 seconds, remove the test from the urine and replace the protective cap.
- Lay the test panel on a clean flat surface while the test lines develop.
- You can read negative results as soon as they appear but positive results must be read at least 5 minutes after removing from urine. All results should be read within 8 hours, otherwise a false reading may occur.

### Results

Read the results of each strip individually and independent of one another.

You will see 2 letters on the cassette by the test strips, 'C' this is the control band and 'T', this is the test band.



A pink/red coloured line should appear on each strip of the control band (C), this confirms each strip has worked properly.

If no line appears in the control band (C) that strip hasn't worked properly and you may need to do a further test.

A second pink/red coloured line, no matter how faint should now appear in the test band (T), this is a **negative** result. If no further line appears in the test band (T) then the individual has tested **positive** for that drug of abuse.

The labels on the test will tell you which drug each individual strip is testing for.

**Remember a negative urine sample will produce 2 lines, and a positive urine sample will produce only one line in the control band (C).**

### What should I do with the results?

If you obtain a negative result then the person tested has none of the tested drugs of abuse in their body at this time.

You may want to re-test again in a month's time.

If you obtain a positive result on one of the drug strips then a drug of abuse has been detected in the urine. You may want to do another test later or at a further date to confirm the result.

### Storage

This test should be stored below 30°C (86°F), do not freeze. Bring the test kit to room temperature before performing the test.

For more details:

Home Health (U.K.) Ltd  
Unit 11, Peerglow Industrial Estate  
Olds Approach  
Watford  
Herts  
WD18 9SR  
www.homehealth-uk.com  
Email: sales@homehealth-uk.com

Abbreviated name on test	Proper name	Other names	Approximate detectable time it remains in the body after use.
AMP	AMPHETAMINES	SPEED, AMPH or WHIZZ	2-6 days
BAR	BARBITURATES	DEPRESSANTS, BARBS	3-8 days
BUP	BUPRENORPHINE	SUBUTEX	3-6 days
BZO	BENZODIAZEPINES	BENZO'S, ROOFIES	2-14 days
COC	COCAINE	COKE, CRACK or CHARLIE	2-5 days
MDMA	METHLENDIOXYMETHAMPHETAMINES	ECSTASY, E, XTC, PILL or DOVES	2-6 days
MET/mAMP	METHAMPHETAMINES	ICE, GLASS or METH	2-6 days
MOP	MORPHINE	OPIATES	2-5 days
MTD	METHADONE	DOLLY, RED ROCK	2-8 days
OPI	OPIATES	HEROIN, SMACK or GEAR	2-5 days
THC	CANNABIS	MARIJUANA, PUFF, SPLIFF or HASH.	Casual use 2-14 days. Heavy use up to 30 days.